



Community Alert

Loose Parish Council (LPC) – Keeping you updated

Issue No. 33

23 February 2023

Loose Annual Parish Meeting

All residents of Loose Parish

are invited to the

Annual Parish Meeting

which takes place on

Monday 27 March 2023 – 7pm

It will be held at the Parish Pavilion,
King George V Playing Field,
Walnut Tree Lane, Loose ME15 9RG.

This is **YOUR** opportunity to find out what's going on in **YOUR** local area and to meet up with various representatives from local organisations, as well as friends and neighbours.

Although the meeting is hosted by Loose Parish Council, it is **YOUR** meeting, so please put the date on your calendar.

Free refreshments will be provided.

LPC Upcoming Meetings

Members of the public are welcome to attend any council or committee meetings. Normally held on Monday evenings at the Loose Parish Pavilion, King George V playing field, Walnut Tree Lane, ME15 9RG.

Agendas are published on the parish council website, plus the three LPC noticeboards on Loose/Linton Road during the week prior to the meeting.

27 Feb 7.30pm LPC Pavilion & Community Hub Committee

06 Mar 6.45pm LPC Planning Committee

13 Mar 7.30pm LPC Environment Committ.

20 Mar 6.45pm LPC Planning Committee

20 Mar 7.30pm Loose Parish Council Main

03 Apr 6.45pm LPC Planning Committee

03 Apr 7.30pm LPC Finance & Admin Com.

17 Apr 6.45pm LPC Planning Committee

17 Apr 7.30pm Loose Parish Council Main

15 May 6.45pm LPC Planning Committee

15 May 7.30pm Loose Parish Council AGM

Are you interested in becoming a Parish Councillor?

Want to know more about what's involved? Kent Association of Local Councils is running an online one-hour evening event on **Becoming a Local Councillor**.

This takes place from 7-8pm on Tuesday 21 March 2023.

Residents can register to attend, via KALC Training & Events pages

https://www.kentalc.gov.uk/Training_and_Events_21677.aspx

Cannot attend the KALC Course, but want to know more about standing as a Parish Councillor? Please contact the Clerk at office@loose-pc.gov.uk.

N.B. Local elections take place on Thursday 4 May 2023.

Please note that valid Photo ID will now be required at elections, when voting.

Help for Households

The parish council is extremely aware of how difficult the cost of living is proving to be for some local residents and are trying to do their bit to help. There have been two major areas where councillors have decided not to increase costs for residents.

Firstly, the Parish Precept (the amount residents pay to the Borough Council for local services in Loose parish). For 2023-2024 this will remain frozen at 2022-2023 rates. This means no increase for residents from last year, with the Parish Precept for 2023-24 being £106,833. The Band D rate will be £93.87 per annum.

Secondly, Loose Parish Pavilion and King George V Playing Field hire rates. As well as being home to the parish council, and various community groups, facilities are also available for hire to the general public, sports clubs, businesses, community and charity organisations.

For the second financial year running, Loose Parish Council has frozen the hire fees at 2019-2020 rates. The tariff of charges is on the parish council website.

If you are interested in hiring the pavilion or playing field, please contact the clerk's office for information on availability email:

office@loose-pc.gov.uk

Personalised Care & Social Prescribing at the

Greensand Health Centre, Linton

At the February main meeting of Loose Parish Council, a representative from Greensand Health Centre, Linton, came to speak about the work they are doing at the Centre and how people can find support, through various activities they run.

She explained that Greensand Health Centre, Linton now have a dedicated Social Prescribing Team.

Many things can affect people's health and wellbeing. GPs say that a lot of people visit them feeling isolated or lonely. Or they might

be stressed out by work, money and housing problems. Sometimes it's the stress of managing different long-term conditions.

A Social Prescribing Link Worker is somebody who will work with a person on a one-to-one basis, to listen to what really matters to them, and to then help put them in touch with the right people and activities that can help them to feel better.

As part of their work, a number of free support and social groups, for the community to access and enjoy, have been set up.

These are all free of charge and open to all local residents and patients. They take place at **Greensand Health Centre, Heath Road, Linton ME17 4NU.**

Greensand Book Club

Every Wednesday from 11am -1pm. Share your latest read, discuss and inspire others or just listen. Books provided.

Greensand Knit and Natter Social Group

Every Thursday from 10am -12 noon. All ages and abilities welcome. Needles, wool and patterns provided, or bring along your own projects and see what others are working on. It's a great way to get inspired, pick-up tips and make new friends.

Greensand Games Club

Every Monday from 11am -1pm. Play a board game and get to know your opponents! Games provided.

Veterans Support Group

Meets the first Tuesday of each month between 11-1pm, at the Greenery Café at Greensand Health Centre, Mutual support, comradeship and great coffee & cake!

Addiction Support

Support group meets every third Thursday or Friday of each month, between 1-2.30pm. Are you or someone you care about misusing drugs or alcohol? Here to listen if people want to talk. Can provide information on what support is available for individuals and their families.

At all of the above groups, The Greenery Cafe will be open serving drinks, snacks and cake.

For more information, pop in and speak to Tracy or Jill in the Café, between 8.30am - 2.30pm, Monday to Friday. Or telephone Lyndsey on 01622 742957.

For more information about social prescribing visit

www.england.nhs.uk/personalisedcare/social-prescribing

www.loose-pc.gov.uk